

## Minor Injury Unit

Sirona care & health's Minor Injury Unit offers treatment for adults, children and young people for a wide range of minor injuries. You can drop in without an appointment, or you may be referred by your GP or other healthcare professional. We aim to treat you within two hours.



### Yate Minor Injuries Unit

Opening Times:  
Open 7 days a week.  
08.00 – 20.00

Address:  
Yate West Gate Centre  
21 West Walk  
Yate Town Shopping Centre  
BS37 4AX

**Call 111 if you urgently need medical help or advice but it's not a life-threatening situation.**  
For less urgent health needs, contact your GP or local pharmacist in the usual way.



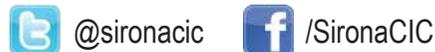
### For more information / Accessibility

t: 0300 124 5300\*

This leaflet can be provided in other formats and languages, please contact us for more information.

e: [askSirona@sirona-cic.org.uk](mailto:askSirona@sirona-cic.org.uk)

w: [www.sirona-cic.org.uk](http://www.sirona-cic.org.uk)



\*Calls from landlines are charged up to 10p per minute; calls from mobiles vary, please check with your network provider. This is not a premium-rate number.

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Registered Office:  
Sirona care & health CIC, 2nd Floor, Kingswood Civic Centre  
High Street, Kingswood, Bristol BS15 9TR  
Company Number: 07585003



## Vision and Driving in Your Car

Information  
for people attending  
the Minor Injury Unit

Service provided by



## Introduction

As a driver you have a duty to inform the DVLA Drivers Medical Branch, Swansea, SA99 1TU at once if:

- You have any physical or mental disability which affects your fitness as a driver or which might do so in the future.
- You may come to know in the future that you have such a disability or condition.

If you are informing the DVLA please write to them at the address above giving your driving licence number or full name and date of birth and tell them what the medical condition is in as much detail as possible. The medical rules are explained in leaflet D100 (available from post offices).

## Car number plate test

There is a minimum legal eyesight standard which must be satisfied at all times when you drive. The standard is the ability to read a number plate at 20.5m (67 feet). If you need glasses or contact lenses to do this, you must wear them everytime you drive.

**More stringent rules apply to drivers of medium sizes vehicles, large goods vehicles, minibuses and buses.** If you drive one of these vehicles please check with the hospital optometrist who will explain the level of vision you are required.

The number plate test is an absolute standard in law and is not open to interpretation.

## Visual field defects

An adequate field of vision (how far you can see to the side when looking straight ahead) is necessary for driving. It is recognised however, that people with one eye can drive a car safely so long as they are well adapted to using only one eye.

A field of vision 120 degrees wide and 20 degrees above and below fixation is required to drive.

A special test is required for this and is only undertaken when there is a possibility of the visual field being affected. Fewer than 1% of drivers would fail this test.

If both eyes are affected with glaucoma, cataract, have received laser treatment for diabetic eye disease, have problems adapting to low light levels, or you have migraines, or have had a stroke, you should inform the DVLA; they will make arrangements for you to have a visual field examination if their medical adviser feels it to be necessary. This is not exhaustive—if you feel you have a problem it is your responsibility to inform the DVLA.

## Double vision

If you have double vision (the medical term is diplopia), you should not drive until the DVLA have investigated your case. It is acceptable for you to wear an eye-patch to stop the double vision but, like monocular drivers, you need to be properly adapted to this before driving.

If your double vision is not constant you should seek advice from an optometrist, eye doctor, or orthoptist, to see if it can be treated or corrected in any way. Even though the double vision is not present all the time you should not drive.

## Glare

If you have cataracts, corneal problems or have had refractive surgery to correct your vision, glare may be a problem. In the first instance you should check your ability to read a number plate at 20.5m (67 feet). If you fail the number plate test you must inform the DVLA.

The Highway Code specifies that tinted glasses should not be worn for driving at night unless prescribed for specific condition.

## Colour vision

There is no evidence of a link between colour vision defects and road traffic accidents. If you are severely red colour blind (the medical term is protanopia) single red light marking hazards could be a problem. You do not have to inform the DVLA if you have defective colour vision.

## Insurance

Your insurer may invalidate your insurance if you fail to comply with the current legal requirements for driving.

## Any questions?

Please ask your GP, eye doctor, optometrist, or orthoptist. They can advise you.

If at any time you are concerned do not hesitate to contact the hospital.