

## Minor Injury Unit

Sirona care & health's Minor Injury Unit offers treatment for adults, children and young people for a wide range of minor injuries. You can drop in without an appointment, or you may be referred by your GP or other healthcare professional. We aim to treat you within two hours.

### Yate Minor Injuries Unit

Opening Times:  
Open 7 days a week.  
08.00 – 20.00

Address:  
Yate West Gate Centre  
21 West Walk  
Yate Town Shopping Centre  
BS37 4AX

**Call 111 if you urgently need medical help or advice but it's not a life-threatening situation.**  
For less urgent health needs, contact your GP or local pharmacist in the usual way.



### For more information / Accessibility

t: 0300 124 5300\*

This leaflet can be provided in other formats and languages, please contact us for more information.

e: [askSirona@sirona-cic.org.uk](mailto:askSirona@sirona-cic.org.uk)

w: [www.sirona-cic.org.uk](http://www.sirona-cic.org.uk)



\*Calls from landlines are charged up to 10p per minute; calls from mobiles vary, please check with your network provider. This is not a premium-rate number.

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Registered Office:  
Sirona care & health CIC, 2nd Floor, Kingswood Civic Centre  
High Street, Kingswood, Bristol BS15 9TR  
Company Number: 07585003



## Corneal Abrasion

Information  
for people attending  
the Minor Injury Unit

Service provided by



## What is a corneal abrasion?

The cornea is commonly known as the window of the eye and covers the coloured part of the eye. An abrasion is a scratch of the cornea. Unlike a scratch on the skin, it is usually very painful.

## What treatment will I need?

The treatment that you will be given is aimed at ensuring that the abrasion heals as quickly as possible and that it does not become infected.

Initially, some antibiotic ointment will be instilled and in some cases eye drops dilate your pupil, this will cause the vision to be blurred temporarily.

A firm eye pad may be applied in certain cases, depending on the severity of the situation.

## Remember

When wearing the eye pad your eye should always remain closed. You will also be advised not to drive or to use machinery as your judgement of distances will be affected.

## How long does the abrasion take to heal?

If the treatment is followed correctly, healing will take place within 24– 36 hours and discomfort will subside as the cornea heals.

If you experience any lasting discomfort in the eye in future, you should return to Minor Injuries Department for further assessment or see your GP.

## Recurrent Abrasions

A small number of people do not heal properly after an abrasion and can wake up in the morning with a painful eye.

In most cases the pain goes quickly but if the pain persists, we would advise you to come back for further treatment.

## Customer Care Service

Sirona's Customer Care Service provides on-the-spot help, advice and support to service users, relatives or carers. The Customer Care team is here to help anyone who has a query about Sirona and doesn't know where to find the answer.

We also want to hear about your experience with Sirona, however good our services are, we know there is always room for improvement and those who use our services are the best to give us that feedback.

Our commitment to you in every contact we have with you is we will:

- Treat you with respect
- Treat your query seriously and do our utmost to put it right as quickly as possible
- Respect your confidentiality
- Keep you informed about what is going on
- Ensure that your care is not affected because of your query.

## How to get in touch

Write to:

Customer Care Manager  
Sirona care and health  
2nd Floor,  
Kingswood Civic Centre  
High Street,  
Kingswood,  
Bristol  
BS15 9TR

Email: [customercare@sirona-cic.org.uk](mailto:customercare@sirona-cic.org.uk)

Telephone: 0300 124 5400