

Your Information:

With your consent information may also be shared with other professionals involved in your care. Your information may be used anonymously by the National Health Service (NHS) to provide data to develop future services.

How can you contact us?

To contact your Active Ageing Service Health Visitor or Support Worker, please use the telephone number on the front of this leaflet. If you have received this leaflet with an appointment letter, telephone contact numbers will also be on your appointment letter.



For more information / Accessibility

t: 0300 124 5300*

This leaflet can be provided in other formats and languages, please contact us for more information.

e: askSirona@sirona-cic.org.uk

w: www.sirona-cic.org.uk



*Calls from landlines are charged up to 10p per minute; calls from mobiles vary, please check with your network provider. This is not a premium-rate number.

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Ref: 060

Registered Office:
Sirona care & health CIC, 2nd Floor, Kingswood Civic Centre
High Street, Kingswood, Bristol BS15 9TR
Company Number: 07585003



Active Ageing Service

Health Visitor.....

Contact Number.....

Health Visitor
Support Worker.....

Contact Number.....

Information about our service

Service provided by



What is the Active Ageing Service?

The Active Ageing Service works in partnership with your GP surgery. We aim to offer an annual home visit to everyone between the ages of 80-84 years; and those who are 85+ may be visited by specific referral.

The service is provided by Health Visitors who are Specialist Community Public Health Nurses, together with experienced Health Visitor Support Workers. The Active Ageing Service aims to enable older people to continue to be independent and to promote quality of life in their own homes.

We would like to work in partnership with you to identify any health or social needs, and we can also direct you to services which may be helpful to you.

The Service offers:

- Advice on preventing falls and accidents
- Advice and support with memory loss or dementia
- Support for those who have been recently bereaved
- Advice on living well with on-going health conditions
- Health promotion
- Advice and support for carers
- Promoting quality of life for older people within their homes and communities.
- Signposting to local and national support services

We work in partnership with your GP surgery and other health and social care professionals.

We welcome individuals contacting us after home visits when needs or situations change.

If you are over 85 years old and would like to meet us, please ask your GP for a referral.

Who is Sirona care & health?

Sirona care & health is a Community Interest Company (CIC) that is committed to providing health and social care services to people within their own communities.

Sirona care & health is a non-profit organisation which is funded by NHS and public sector monies. There is no charge to you for the Active Ageing Service.

Sirona care & health has provided services in South Gloucestershire since 2014.

We are accountable to NHS bodies for the standards of service we provide and are inspected regularly by the Care Quality Commission.

